



INFORMATION SHEET

Age Group: **Children**

Sheet Title: **Strategies for Social Behaviour**

- Learn how to:
 - Start, maintain and end social play
 - Be flexible, co-operative and share
 - Maintain solitude without offending others

- Explain what the child should have done
- Encourage a friend to play with the child at home
- Enrol the child in clubs and societies
- Teach the child to observe other children to indicate what to do
- Encourage co-operative and competitive games
- Model how to relate to the child
- Explain alternative means of seeking assistance
- Encourage prospective friendships
- Provide enjoyment at break times
- Be aware of two characters
- Obtain teacher aide time
- Use Social Stories to understand the cues and actions for specific social situations
- Run social skills groups for adolescents to:
 - Rehearse more appropriate options
 - Demonstrate inappropriate social behaviour
 - Use poetry and autobiographies to encourage self-disclosure and empathy
 - Provide guidance and practice in body-language

- Do projects and activities illustrating the qualities of a good friend
- To help understand emotions:
 - Explore one emotion at a time as a project
 - Teach how to read and respond to the cues that indicate several different levels of emotion
 - Learn safety phrases when confused



- To help express emotions:
 - Use a “gauge” as a visual guide
 - Use videoing and role play to provide more subtle or precise expression
 - Use leading questions or a diary to encourage self-disclosure